



# Family Counseling Center

Spring News 2017

[www.fccredbluff.com](http://www.fccredbluff.com) 530-527-6702

## *FCC in Corning!*

We now have a satellite counseling office in Corning at the medical complex on Solano and Marguerite. Barbara Sowle, Registered Professional Clinical Counselor Intern, will be working there several days per week. She was previously licensed in New Hampshire and works with adolescents, families, couples, and individuals. For an appointment in Corning, call our main office at 527-6702.



Barbara Sowle

## *New Windows*

We now have double-paned windows through-out FCC, which makes the whole place more comfortable and quiet. The Hope Chest received a grant to install the windows upstairs in both the FCC building and the Hope Chest building. The grant is from the McConnell Fund of the Shasta Regional Foundation. A big thank you to them and to Rob Schmidt who did the installation!

## *Endowment Fund*

Due to a generous donation from one of our supporters, FCC has an endowment fund started with Tyler Smail at Edward Jones. We now have the ability to accept stock donations. In addition, if are you 70 and a half or older, please consider making donations to FCC of your mandatory distributions from your 401k . You can contact Edward Jones at 529-3627 or call Hillary at FCC at 527-6702 for more information.



## **FCC IN ACTION**

A single mother called our office because she needed help coping with the abuse of her child. Not only was she traumatized by her daughter's abuse, she also remembered her own, and she felt overwhelmed. As a Spanish speaker, she was having trouble understanding the system and finding counseling. Our bilingual therapists and staff have been able to give her counseling and support for both her and her daughter. Thanks to help from donations, we were able to offer her reduced fee sessions while we found resources for her.



Family Counseling Center  
1347 Grant St.  
Red Bluff CA 96080

## **THANK YOU RED BLUFF GARDEN CLUB!**

The front yard is getting improvements thanks to the Red Bluff Garden Center. They donated funds to put in a much needed irrigation system. We have new flowers in the front and will no longer be killing annuals with neglect. Thank you also to Cutting Edge Landscaping and Design who did the work.

