



Family Counseling Center

Late Fall News 2021

www.fccredbluff.com 530-527-6702



FCC Welcomes Fall

Greetings friends! Fall is in the air and the theme of change comes with the new season. Change can be one of the hardest things to adapt to. Socrates said, "The secret of change is to focus all of your energy not on fighting the old, but on building the new." Well, FCC has been embracing some big changes!

Harvest for Health 2021



On October 7th we celebrated our 9th annual Harvest for Health event. We virtually held our event on Facebook as we presented many local businesses and donors with gift baskets showing our appreciation. Together we raised over \$10,000! We are so appreciative to all who donated and participated in this event! We would like to give a BIG thank you to our Title Sponsor donors; Rotary of Red Bluff, Renstrom Trucking, and Dignity Health. If you are still interested in donating call our office for more details!

FCC Updates

After 15 years faithful dedication to FCC, Hillary Lindauer will be stepping down as Executive Director, and Ariel Yarbrough will be the new ED starting in January. Hillary has devoted herself to the agency, committed to our mission of providing affordable mental health services to Tehama County and creating a pathway to lifelong mental health. Hillary will continue to see clients but is looking forward to traveling, visiting her children, and finding new adventures.



Hillary Lindauer



Ariel Yarbrough

Community Events

FCC participated in the Chamber of Commerce mixer event celebrating the "Real Life Superheroes" of Red Bluff. This consisted of businesses that have continued to serve the community during the pandemic. Our employees here at FCC have truly been superheroes the last two years as they continue to meet the needs of the community during such challenging changes.



Family Counseling Center
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GREEN WASTE OF TEHAMA

Lindauer
River Ranch

Do you want to see more pictures of Harvest for Health? Are you curious about the Chamber Dinner and want to see all the fun pictures we took? Need to make a donation? Check out our Facebook! -



www.facebook.com/familycounselingcenter.rb



Pictured – Vicki Stroud, Rotary President, with Hillary Lindauer