



FCC NEWS & UPDATES



In this newsletter:

- Director's news
- 2023 Grants
- Become a donor
- New president

CONTINUING TO CHANGE, CONTINUING TO GROW

Are you liking our "new" newsletter? I would love feedback! Our donors and supporters are an important part of FCC. Without you we wouldn't be able to support our community! Help me get to know you - ariel.yarbrough@fccredbluff.org

DIRECTOR'S NEWS

The holiday season is finally behind us. I am excited for the fresh start 2023 brings. Although, with quite unpredictable weather, a new year still feels like a fresh start. I am not a big New Year's resolution person but I do like to try new things towards the beginning of the year and see if they stick throughout the year. What brings you excitement about a "new year"? What do you hope to accomplish in 2023?



E-mail me and keep me posted on how your year is going!

Donate Now
GIVE MONTHLY
Make a difference

BECOME A DONOR

A great way to continually support FCC is through reoccurring monthly donations. We are now offering this through our website. It is fast and easy to set up. Counting on your monthly donation helps us better fund weekly sessions for our client's in need of financial support.

- ⇒ Visit our website at www.fccredbluff.com
- ⇒ Click on "SUPPORT FCC" tab
- ⇒ Proceed to set up a reoccurring donation through PayPal

Help us meet our goal of adding 5 more sustainable donors to our donor team this year! E-mail me for more information - ariel.yarbrough@fccredbluff.org

2023 GRANTS

This year we were awarded two grants! Beyond donations, FCC receives grants throughout the year to help better support our low cost counseling mission.

Our first awarded grant was from Tehama County Chamber of Commerce. This grant allows us to support competitive wages for our employees and continue to offer a sliding scale fee. Thank you Red Bluff Chamber for supporting FCC and supporting our small community!



Our second grant was awarded from Dignity Health North State. This grant will help us better focus on the needs of our undocumented population who are unable to receive insurance. With this grant we will be able to provide 156 fully funded sessions to individuals who otherwise may not be able to afford the cost of professional counseling.

Thank you Dignity Health for supporting FCC and supporting our mission of affordable therapy!



Check out our Facebook page for more updates of what is happening around FCC!



FCC BOARD

We are excited to announce our new board president, Jason Bauer. Jason is an active member of the Red Bluff community. He is currently employed at Red Bluff Tehama County Chamber of Commerce. He has been involved in many events and organizations in Red Bluff including the 20-30's club and Red Bluff Farmer's Market. Jason is a friendly face to many! He is very much an asset to the FCC board. Congratulations Jason, we are so happy to have you on our team!



Pictured—FCC board president, Jason Bauer

Signing off on my THIRD FCC Newsletter. Happy New Year! Looking forward to bringing you more updates in April—Ariel